

State-of-the-Art Stroke Nursing

Tuesday, Feb. 19, 2008

Ernest N. Morial Convention Center
New Orleans, Louisiana

Program Committee Co-Chairs

Lisa Davis, MSN, RN, CCRC
Diane S Aubrey, MS, ARNP, CNRN

Conference Planning Committee

Deborah Bergman, MS, RN, BC, FNP
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Barbara Mancini, RN, MBA, CNRN
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Sponsored by the American Heart Association's Stroke Nursing Committee of the Council on Cardiovascular Nursing and cosponsored by the Preventive Cardiovascular Nurses Association.

Registration and Housing

Register and reserve a hotel room online at strokeconference.org or download the forms to fax or mail. Complete the entire form to register for the symposium and the stroke conference. For housing and symposium registration only, complete Sections 1 and 2 plus the appropriate lines in Section 7.

To get the low Early Bird rate, register by Nov. 21.
There are two fee increases after this date.

Symposium Description

The State-of-the-Art Stroke Nursing Symposium is a forum designed to provide current information and networking opportunities for nursing and other healthcare professionals who treat patients and families in all phases of stroke treatment from the emergency department through rehabilitation. The symposium will update and inform the audience about nursing issues along the continuum of stroke care (ischemic and hemorrhagic stroke management, rehabilitation, and stroke program development.) The goal of the program is to share innovative best clinical practices that have been developed to optimize patient outcomes throughout the stroke continuum of care. A plenary program, break-out sessions and round table discussions

are planned to meet educational needs for nurses and healthcare professionals at various levels of skill.

Learning Objectives

At the conclusion of this program, participants will be able to:

- ▶ Discuss the challenges and priorities for health in the 21st century within the context of nursing's contributions to improving the health of the nation.
- ▶ Utilize an evidenced-based approach to blood pressure and glucose management during the acute stroke phase.
- ▶ Discuss the impact of the 2007 Ischemic and Hemorrhagic Stroke Guidelines on the management of patient with acute ischemic and hemorrhagic stroke.
- ▶ Describe how correlations between cerebrovascular physiology, clinical behavior and imaging impact acute treatment options.
- ▶ Discuss challenges specific to assisting patients and families transition from acute care to home care setting.
- ▶ Discuss current issues and challenges related to the administration of thrombolysis in acute stroke.
- ▶ Identify and assess neurological deficits in stroke patients using the NIH stroke scale for acute evaluation and to assess neurological changes over time.
- ▶ Describe best-learned lessons from those who have successfully obtained Primary Stroke Center Recertification through JCAHO.
- ▶ Discuss the impact of stroke on the life of survivors and their families and strategies to assist survivors and families to adapt successfully to stroke.

Continuing Education Accreditation – Nurses

This program (08-NC-067) has been approved by the American Association of Critical Care Nurses (AACN) for 7.50 Contact Hours, Category A, File number 00014011.



Symposium

Program

Tuesday, Feb. 19, 8:30 AM – 5:15 PM

8:30 AM – 11:45 AM

Plenary Symposium

Moderator: Lisa Davis, MSN, RN, CCRC, Bethesda, Md.

Opening Remarks

Susan Pressler, Indianapolis, Ind.

Program Announcements

Elaine T Miller, DNS, RN, CRRN, FAHA, Cincinnati, Ohio

Nursing: A Journey to Improving the Nation's Health

Carol A Romano, PhD, RN, FAAN, Bethesda, Md.

Update: 2007 Ischemic and Hemorrhage Stroke Guidelines

Barbara Mancini, BSN, MBA, CNRN, CNAA, Falls Church, Va.

Blood Pressure Management

Arthur Pancioli, MD, FAHA, Cincinnati, Ohio

10:40 AM – 11:00AM

Short Break

Glucose Management

Brett Kissela, MD, FAHA, Cincinnati, Ohio

Questions and Answers

11:45 AM – 1:15 PM

Lunch

Ask the Expert: Roundtable Discussions – Publishing/Professional Development, JCAHO Updates and Recertification, Fundamentals of Evidence-Based Research and Networking

1:15 PM – 5:15 PM

Concurrent A:

Advanced Stroke Concepts and Transitional Care Challenges

Moderator: TBD

Clinical Localization of Stroke

Anne W Alexandrov, PhD, RN, CCRN, FAAN, Fountain Hills, Ariz.

Oral Abstract

Basics of Stroke Imaging and Diagnostics

Deborah R Summers, RN, MSN, FAHA, APRN-BC, Kansas City, Mo.
Lisa Davis, MSN, RN, CCRC, Bethesda, Md.

Session Discussion

3:30 PM – 3:45 PM

Short Break

Oral Abstract

Stroke Management Issues: Transition from Acute to Outpatient.

Deborah Bergman, MS, RN, BC FNP, Chicago, Ill.

Oral Abstract

Session Discussion



1:15 PM – 5:15 PM

Concurrent B:

Essentials of Standard Practice and Stroke Center Development

Moderator: Elaine T Miller, DNS, RN, CRRN, FAHA, FAAN, Cincinnati, Ohio

Neurological Assessment and NIHSS Training

Diane S Aubrey, MS, ARNP, CNRN, St. Petersburg, Fla.

Oral Abstract

Therapy in Acute Ischemic Stroke: Best Practices and Challenging Cases

TBD

Session Discussion

3:30 PM – 3:45 PM

Short Break

Oral Abstract

Stroke Center Development and Certification

Wende Fedder, RN, MBA, Chicago, Ill.

Oral Abstract

Session Discussion

1:15 PM – 5:15 PM

Concurrent C:

Current Issues in Community Re-integration

Moderator: Linda Pierce, PhD, RN, CRRN, FAHA, Toledo, Ohio

Post-Stroke Depression: An Update

Rosemarie King, RN, PhD, FAHA, Chicago, Ill.

Oral Abstract

Matching Needs of Stroke Survivors to Caregiving Resources: What Are the Issues and What Can We Do About Them?

Barbara Lutz, PhD, RN, CRRN, Gainesville, Fla.

Session Discussion

3:30 PM – 3:45 PM

Short Break

Oral Abstract

Caregiver Interventions in Research and Practice
Tamilyn Bakas, DNS, RN, FAHA, Indianapolis, Ind.

Oral Abstract

Session Discussion